

GUIDE

to programs and services



Abbotsford
**Community
& Services**
People Helping People

AbbotsfordCommunityServices.com

Addiction & Mental Health Services	6
Employment.....	7
Community Education	8
Counselling.....	10
Food Bank Services	12
Housing Services.....	14
Legal Advocacy & Information Services.....	15
Recycling Services.....	16
Social Enterprises.....	16
Diverse Abilities (Developmental Disabilities)	17
Immigrant & Multicultural Services	18
Family and Children’s Services.....	22
Family and Children’s Services -Referral Required....	24
Youth Services.....	25
Youth Services - Referral Required.....	28
Seniors	30
Events.....	32

About Abbotsford Community Services

Registered in 1969, Abbotsford Community Services is a non-profit, multi-service, multi-funded community-based social service agency. We provide services in Abbotsford, Mission, Chilliwack, Langley and Chandigarh, India. We are “people helping people.”

Who Do We Help?

Each year thousands come through our doors looking for help through one or more of our 90+ programs.

- From newborn babies to seniors - we help people of all ages.
- From women escaping violence to people struggling with addictions - we help people in crisis.
- From newcomers in Canada to people with developmental disabilities - we help people feel like they belong.

Our Vision

Justice, opportunities and equitable access for all.

Our Mission

Abbotsford Community Services fosters community well-being and social justice through positive action and leadership.

Federal Charitable Registration # 10767 8195 RR0001
Provincial Certificate of Incorporation # S-8439



Disclaimer

Programs are subject to change or end based on funding. For the most up-to-date information please call the program or visit our website at AbbotsfordCommunityServices.com.

Statement of Diversity

- We are children, youth, adults and seniors.
- We are of all races, religions, all cultures, all abilities, all sexual orientation, all genders, and all economic levels.
- We speak many languages.
- We value diversity.
- We endeavour to reflect this diversity in our volunteers, board and staff.
- We respect all our neighbours and clients and extend our respect to them in all that we do.
- We embrace all types of families.

Therefore, we will act to promote inclusion of all in our agency and in our community.



Financial Support

We acknowledge the financial support of the Province of British Columbia, the Government of Canada, United Way as well as numerous foundations and donors.

Abbreviations

ACS – Abbotsford Community Services

FVACFSS - Fraser Valley Aboriginal Children and Family Services Society

MCFD - Ministry of Child and Family Development

Celebrating 50 Years

In the mid-1960s, Walter Paetkau was working for the Mennonite Conference in service development. He formed an ad-hoc committee of community representatives who began the Christmas Bureau in 1967 and started other projects, including the printing of a directory of community resources for people seeking help of almost any kind.

In 1969, their efforts were made official when Matsqui-Sumas-Abbotsford (MSA) Community Services registered as a society. Working from a small office on Essendene Avenue, the group of committed citizens volunteered their time and expertise to help those in need.

A lot has changed over the last five decades as the community and the organization have grown. There are now over 90 programs currently running including multicultural, counselling, recycling, food bank, seniors and youth services. ACS has expanded to sites throughout Abbotsford, satellite offices in the Fraser Valley plus pre-arrival immigrant services in India.

Walter retired from his post as Executive Director in 2000. During his 31-year tenure, the organization was known as Matsqui-Abbotsford (M-A) Community Services from 1972 – 1995 and then became Abbotsford Community Services (ACS) in 1995.

It's been 50 years since that group of concerned citizens started the Christmas Bureau and other services, but from day one to today, it's always been about **people helping people**.



Photo supplied by The Reach (P8432)

Abbotsford Addictions Centre

Offers alcohol and drug counseling, recovery and support groups, and referrals to day and residential treatment.

Phone..... 604.850.5106

Basic Life Skills Training (BLT)

Provides support to youth in Langley living with mental illness. Services are provided in an outreach format within individual or group settings.

Referrals through Langley Child and Youth Mental Health.

Phone..... 604.530.6444

Foundry

An integrated hub for youth 12-24 years old and their families with services in mental health, primary care, and substance use. Youth can access the Early Psychosis Intervention Program, START crisis team, Adolescent Day Treatment Program, Impact Substance Use Services and a wide range of mental health and substance use groups.

Phone..... 604.746.3392

Website FoundryBC.ca/Abbotsford

Opioid Agonist Treatment Centre (OAT)

A safe space that provides methadone and suboxone treatment under the direction of a physician. A mental health support worker is also available.

Phone..... 604.743.0543



AbbotsfordWORKS Employment Centre

Provides a wide range of services and supports to help Abbotsford job seekers find and maintain employment and improve their employment readiness.

Phone..... 604.859.4500

WebsiteAbbotsfordWorks.com

Career Paths for Skilled Immigrants

Helps skilled immigrants gain experience, find employment or improve employment within their field (or a suitable alternative). Provides financial assistance for upgrading and licensing processes, job search skill workshops, networking and one-on-one career consulting.

Phone..... 604.866.0257



Employment Mentoring

Supports professional immigrants re-enter their respective career in the Canadian labour market through meaningful one-on-one mentorship connections and employment coaching.

Phone..... 604.217.0444

Employing People in Community (EPIC)

Vocational counselling and placement supports for adults with developmental disabilities.

Referrals through Community Living BC.

Phone.....604.859.7681 Ext. 284

Abbotsford Addictions Centre Education Program

ACS is available for community education and consulting on addiction issues. We also have a dedicated school-based prevention worker that offers a Prevention Focus for youth through workshops, groups, and support to the schools, their staff and their students.

Phone..... 604.850.5106

Abbotsford Mission Recycling Education Program

This free service provides in-class workshops and fieldtrips to the recycling depot for students of all ages and community groups. The Recycling Education Program also attends and organizes events within the community to promote waste reduction.

Phone..... 604.850.3551

WebsiteACSRecycling.ca

Community Education on Adolescent Sexuality (CEAS)

Past and present New Beginnings Young Parent program students speak to middle school students about the realities of pregnancy and being a young parent.

Phone.....604.850.7303 Ext. 4

Diversity Education and Resource Services (DEARS)

Diversity Education promotes cross-cultural understanding of social justice issues in the community through interactive workshops/trainings, community projects and policy consultation.

Phone.....604.859.7681 Ext. 270

Specialized Victim Assistance

Responds to local community inquiries for public awareness and education on victim services and victimization in the areas of child abuse, adult sexual assault, partner assault and criminal harassment.

Phone.....604.859.7681 Ext. 275

Stop Exploiting Youth Education Program

Offers community education on the topic of youth sexual exploitation and healthy relationships through presentations and workshops.

Phone..... 604.870.4972

The Garden Project

The ACS Urban Farm is used as a teaching garden and working urban farm in the heart of downtown Abbotsford. The garden provides space for those wanting to learn more, and for those wanting to contribute to local food by getting out and getting their hands in the soil.

Phone..... 604.859.7681



Crime Victim Assistance Program (CVAP) Counselling

Trauma counselling for those with CVAP funding towards counselling.

Phone.....604.859.7681 Ext 304

Employment Counselling Program

Individual counselling for clients whose careers have been impacted by violence or trauma.

Referrals through AbbotsfordWorks.

Phone..... 604.859.4500

Family Connections Counselling

Short term individual or couples counselling for parents who have unresolved issues or relationship difficulties that negatively impact their family functioning and parenting.

Referrals through MCFD and FVACFSS. Limited spots with a counselling intern available for self-referrals.

Phone.....604.859.7681 Ext. 304

Foundry

An integrated hub for youth 12-24 years old and their families with multiple services including walk-in single-session counselling and one-on-one on-going counselling support.

Phone..... 604.746.3392

Website FoundryBC.ca/Abbotsford

Relationship Violence Prevention Program- Cultural Edition

This 'Enhancing Harmony' program is a respectful relationship counselling group for men focusing on the prevention of violence in the home.

Phone.....604.859.7681 Ext. 278

Sexual Abuse Intervention Program (SAIP)

Offers individual and group counselling for sexually abused or assaulted children ages 3-18, and supportive counselling for non-offending parents.

Phone.....604.859.7681 Ext. 251

Stopping the Violence (STV)

Individual and group counselling is available for women who have experienced sexual abuse, sexual assault, or domestic violence.

Phone.....604.859.7681 Ext. 209

Women Exiting Abuse, Violence and Exploitation (WEAVE)

Individual and group counselling for women seeking to exit involvement in the sex trade.

Phone.....604.859.7681 Ext. 283



Phone..... 604.859.5749

WebsiteAbbotsfordFoodBank.com

Abbotsford Community Services Food Bank

The Food Bank provides food, basic necessities, dental care, and emergency assistance for individuals and families in need. **Please see the full list of programs below.**

All Kids Play Sports

Through community partnerships, we connect families who use the Food Bank to local camps at little or no cost.

Basics for Babies

Baby supplies such as diapers and formula are available to parents in Abbotsford who live in a low-income household.

Christmas Bureau

The Christmas Bureau offers food hampers, gifts, and clothing to families and children in need during the Christmas season. Available for families already accessing the Food Bank and for those in temporary crisis.



Dental Clinic

Free basic dental coverage is available to people who live in a low-income household and have little or no dental coverage.

Emergency Food

Hampers are distributed on an emergency basis and to registered guests monthly. The size of the food hamper varies depending on the size of the family. You can expect to find a variety of fresh and non-perishable food items.

Everest

By partnering with our community and our clients, we help equip families to move beyond the Food Bank lines into secure housing, positive employment, healthier relationships, and an overall increased quality of life.

Meals on Wheels

Nutritious meals delivered four days a week to those who have difficulty shopping or preparing a meal. Fresh and frozen meals are available for a fee or for those in need.

Phone.....604.859.7681 Ext. 764

Say Yes

Provides community inclusion opportunities through volunteerism and employment for adults with intellectual and developmental delays. Say Yes also runs an afternoon 'Drop In' club.

Seniors Food Delivery

People who are 60+ and have mobility restrictions may be eligible to have their Food Bank groceries delivered to them.

Starfish Pack

Provides kids in need with a backpack filled with healthy, nutritious foods to take home at the end of each school week to fill in the gaps when there are no school meals.

Housing Services

Autumn House

A semi-independent youth housing program for youth aged 16-18. Through a life-skills curriculum approach, the goal is to transition youth to living independently.

Referrals through MCFD and FVACFSS.

Phone..... 604.870.4972

Homelessness Prevention Program (HPP)

An initiative aimed at providing individuals in identified at-risk groups facing homelessness with portable rent supplements and support services to help them access rental housing.

Phone.....604.859.7681 Ext. 707

Residential Housing Programs

Hearthstone Place - Supportive Housing

Men and women who were homeless or at risk of homelessness live in a low barrier supportive housing facility and are supported with issues like mental health, substance use, and essential life skills.

Referrals through BC Housing.

Phone.....604.776.5060 Ext. 101

Sentinel House

Temporary, structured residential accommodation for co-ed youth aged 13-18.

Referrals through MCFD and FVACFSS.

Phone..... 604.309.4184

Community Legal Advocacy

Offers information, advice, referrals and representation on Income Assistance, disability applications, Residential Tenancy, Employment Insurance and Canada Pension issues.

Phone (Abbotsford)..... 604.743.0345

Phone (Chilliwack) 604.702.2907

Legal Advocacy for Agricultural Workers

Assists agricultural workers with legal issues related to employment, tenancy, Employment Insurance, debt, Canadian Pension Plan, WorkSafeBC and disability concerns.

Phone.....604.859.7681 Ext. 307

Specialized Victim Assistance

Provides justice-related information, support and referral to victims of child abuse, adult sexual assault, adult survivors of sexual abuse, partner assault, and criminal harassment. Responds to inquiries for public awareness and education in the local community on victimization, and victim services.

Phone.....604.859.7681 Ext. 275



Abbotsford Mission Recycling Program

Processes curbside and some business recycling from the Abbotsford and Mission communities. The two drop-off locations collect curbside recyclables and other program items such as electronics, small appliances, lightbulbs, and batteries. Also offers community education and workshops for schools and organizations.

Phone (Abbotsford)..... 604.850.3551

Phone (Mission)..... 604.814.3555

WebsiteACSRecycling.ca

Social Enterprises

DELISH Catering

DELISH is a multi-ethnic catering service that brings together the talented culinary skills of newcomers to Canada. It helps participants build confidence, social networks, and professional skill development for the Canadian marketplace.

Phone..... 604.751.0093

Interpretation & Translation Services (ITS)

Our Certified Translators can assist with legal documents, websites, marketing materials translations and more. Community interpretation and Certified Court Interpretation services are available across the Lower Mainland. This fee for service program is available in over 75 languages.

Phone..... 604.870.3769 or 1.877.889.8886

WebsiteITS-ACS.com

Adults

Discovery

Community inclusion and recreation programs for adults with developmental disabilities.

Referrals through Community Living BC.

Phone..... 604.870.8725

Employing People in Community (EPIC)

Vocational counselling and placement supports for adults with developmental disabilities.

Referrals through Community Living BC.

Phone.....604.859.7681 Ext. 284

Say Yes

A program of the Food Bank, Say Yes provides community inclusion opportunities through volunteerism and employment for adults with intellectual and developmental delays. Say Yes also runs an afternoon 'Drop In' club.

Phone..... 604.859.5749

Children & Youth

Special Training and Recreation (STAR) Club

Recreational and skill-building programs for children and youth with developmental disabilities.

Referrals through MCFD.

Phone..... 604.859.2919



Access2English

Provides free one-to-one tutoring and small group language, literacy and numeracy sessions for adults. Fee for service options include the Canadian Language Benchmark Placement Test (CLBPT) and CELPIP Preparation Program.

Phone (Tutoring & CELPIP Prep)..... 604.768.6277

Phone (CLBPT) 604.309.4092

Community Connections

Connects immigrants with community members through conversation circles and a one-on-one, friendship based matching program. We also offer Life Skills courses on a variety of topics including citizenship and computer skills.

Phone..... 604.217.3055

Diversity Education and Resource Services (DEARS)

Promotes cross-cultural understanding of social justice issues in the community through interactive workshops/trainings, community projects and policy consultation.

Phone.....604.859.7681 Ext. 270

Immigrant Settlement

Assists newcomers with their settlement needs and integration process to improve their overall sense of belonging in Canada by providing information, orientation and referral services. Services are offered in multiple languages.

Phone.....604.859.7681 Ext. 235

India2Canada Pre-Arrival Services

Based in Chandigarh, India, this program is for those individuals who are prequalified to immigrate to Canada. Provides pre-departure information to facilitate early transition and integration into the Canadian culture and society.

Phone (Canada) 778.255.4453

Phone (India)+91.172.506.0156

WebsiteIndia2Canada.ca

Language Instruction for Newcomers to Canada (LINC)

Provides free English language training for new immigrants and refugees. Classes (literacy - CLB level 8) are offered in the mornings and evenings from September to June. Intake is ongoing.

Phone.....604.859.7681 Ext. 216

Moving Ahead Program (MAP)

Supports and helps refugees, immigrant families, and individuals who have multiple needs and integration barriers so that they can actively participate in regular settlement and community service programs.

Phone..... 778.809.4411

One Line Referral Program

Receives self-referrals and referrals from health care providers and connects people in need to Abbotsford-area social services that fit their unique needs.

Phone..... 604.614.1835

Parenting Life Skills for Immigrant Families

Immigrant families are introduced to the Canadian cultural way of parenting. The program provides parents with knowledge and skills necessary for successful and supportive parenting in a new environment. A Certificate of Completion and child minding are offered.

Phone..... 604.866.5233

Settlement Workers in Schools (SWIS)

Provides information to students and their families about schooling and community services in Abbotsford, and/ or provides referrals to the services and resources and supporting families in the integration process. Services are offered in multiple languages.

Phone.....604.859.7681 Ext. 235

Interpretation & Translation Services (ITS)

Our Certified Translators can assist with legal documents, websites, marketing materials translations and more. Community interpretation and Certified Court Interpretation services are available across the Lower Mainland. This fee for service program is available in over 75 languages.

Phone..... 604.870.3769 or 1.877.889.8886

WebsiteITS-ACS.com

Immigrant & Multicultural Youth

Immigrant Youth and Young Adult (IYYA)

Offers assistance to youth at risk of not meeting or successfully completing their high school education and graduation requirements.

Phone.....604.859.7544 ext.227

Youth Buddy

This school-based program encourages new immigrant youth to build friendships with Canadian youth in grades 6-12.

Phone.....604.859.7544 Ext. 227

Employment

Career Paths for Skilled Immigrants

Helps skilled immigrants gain experience, find employment or improve employment within their field (or a suitable alternative). Provides financial assistance for upgrading and licensing processes, job search skill workshops, networking and one-on-one career consulting.

Phone..... 604.866.0257

Employment Mentoring

Supports professional immigrants re-enter their respective career in the Canadian labour market through meaningful one-on-one mentorship connections and employment coaching.

Phone..... 604.217.0444

Legal Advocacy for Agricultural Workers

Assists agricultural workers with legal issues related to employment, tenancy, Employment Insurance, debt, Canadian Pension Plan, WorkSafeBC and disability concerns.

Phone.....604.859.7681 Ext. 307



Community Partnership Tables

Abbotsford Local Immigration Partnership

A partnership of stakeholders, private and public institutions, government, businesses and community agencies who work collectively to strengthen Abbotsford's integration of newcomers and build a more inclusive and welcoming city.

Phone.....604.859.7681 Ext. 270

Fraser Valley Human Dignity Coalition

A diverse collective that responds to incidents of discrimination and hate in the community.

Phone.....604.859.7681 Ext. 270

AbbyDads - Father Involvement Program

Offers activities and services to increase dads' positive involvement with their children.

Phone..... 778.808.3254

WebsiteAbbyDads.ca

Attachment-Based Parenting Program

A parenting education program for parents of children aged 2-6.

Phone (English)604.859.7681 Ext. 266

Phone (Punjabi) 604.308.8216

Best for Babies

Early intervention support during pregnancy through to 6 months' post-partum for women, as well as father support. Particular attention is paid to promoting a healthy diet and lifestyle.

Phone (English)604.859.7681 Ext. 288

Phone (Punjabi) 604.308.8216

Child Care Resource & Referral (CCRR)

Offers child care referrals for families with children aged 0-12, as well as professional training, consultations, support, and referrals for child care providers.

Phone..... 604.850.7934

WebsiteAbbotsfordCrr.ca

Family Centre - The Parenting Place

Strives to foster the strengths and well-being of individuals, families and the community as a whole. Offers friendly, supportive meeting places where adults and children can share quality time together through formal and informal programs.

Phone.....604.859.7681 Ext. 266

Family Education

Provides support and education to promote change, encourage growth, and enhance healthy families.

Referrals through MCFD. Some spots open for self-referral depending on availability.

Phone.....604.859.7681 Ext. 220

Mental Wellness Parenting Group

An eight-week group for adults who are actively parenting while coping with depression and/or anxiety and want to develop new strategies to support mental wellness for themselves and their families. Childcare may be available if needed.

Phone.....604.859.7681 Ext. 304

New Beginnings Young Parent Program

Supports young parents in completing their high school education while providing quality early childhood care for their infants and toddlers.

Phone.....604.850.7303 Ext. 4

Website AbbyNewBeginnings.ca

Parent and Child Drop-Ins

Weekly drop-in programs for parents/caregivers with children aged 0-6 at our Family Centre.

Phone.....604.859.7681 Ext. 266

Parenting Life Skills for Immigrant Families

Immigrant families are introduced to the Canadian cultural way of parenting. The program provides parents with knowledge and skills necessary for successful and supportive parenting in a new environment. A Certificate of Completion and child minding are offered.

Phone..... 604.866.5233

Perinatal Depression Support

Perinatal education and support is offered in partnership with Fraser Health.

Phone.....604.859.7681 Ext. 266

Caregiver-Foster Parent Support

Provides ongoing support to foster families and children, in conjunction with MCFD, in order to maintain foster placements. Assists caregivers in dealing with a wide range of behaviors and issues related to trauma, diagnoses, attachment and transitions. CSP staff promote self-advocacy and provide individual support, care team meetings, as well as resources and training opportunities.

Referrals through MCFD.

Phone..... 778.880.8555

Family Connections - Enhanced Access

Provides a responsive, dynamic and flexible range of services allowing parents and children the opportunity to continue their relationship when children are in the care of MCFD, and/or where family reunification is an active service plan goal.

Referrals through MCFD and FVACFSS.

Phone..... 604.743.0383

Family Connections - Family Outreach

Provides services to families on a continuum from preventative to restorative. Activities may include but are not limited to one-to-one support, education and counselling to families, ensuring children's basic safety needs are met, assisting families to develop pro-social life skills and responding to crisis situations.

Referrals through MCFD and FVACFSS.

Phone..... 604.743.0383

Special Training and Recreation (STAR) Club

Recreational and skill-building programs for children and youth with developmental disabilities.

Referrals through MCFD.

Phone..... 604.859.2919



Abbotsford Youth Health Centre (AYHC)

Professional medical practitioners provide health services in a youth-friendly, safe, confidential, and non-judgmental environment for individuals aged 12-24. With increased knowledge, tools to protect and maintain their health, and by identifying high risk behaviours, youth are empowered to become active participants in their health care.

Phone..... 604.746.3392

Website AYHC.ca

Bridges

Focuses on bridging youth services to clients that have aged out of government care. The goal is to provide continued support and advocacy when needed.

Phone..... 604.870.4972

Foundry

An integrated hub for youth 12-24 years old and their families with services in mental health, primary care, substance use, social services and peer support.

Phone..... 604.746.3392

Website FoundryBC.ca/Abbotsford

In It Together (IIT)

Supports youth ages 10 - 24 at risk of gang involvement, and their families, through outreach services, skill-building, counselling and recreation, as well as offering preventative services, such as parent education.

Phone..... 604.853.1582

New Beginnings Young Parent Program

New Beginnings supports young parents to complete their high school education while providing quality early childhood care for their infants and toddlers.

Phone.....604.850.7303 Ext. 4

Website AbbyNewBeginnings.ca

Parenting Groups

Groups and drop-in for parents of teenagers offering support, tools and strategies for effective parenting.

Phone..... 604.870.4972

South Asian Community Resource Office (SACRO)

Offers outreach and support specifically to South Asian youth and their families.

Phone.....604.859.7544 Ext 222

Stop Exploiting Youth (SEY)

Outreach support for youth who are sexually exploited or at risk of sexual exploitation.

Phone..... 604.870.4972



Street Outreach

Supports youth who are living on our streets by focusing on their safety, ensuring that their basic needs such as food, shelter and clothing are met. The goal is to reconnect them with their families or other healthy, positive support systems.

Phone..... 604.870.4972

Talia's Closet

Helps graduates in need with free prom dresses. We accept donations of gently worn gowns and accessories as well as gift certificates for services like hairdressing, alterations, nails, photography.

Phone..... 604.870.4972

Teen Groups

A series of groups are offered that address issues that cause challenges for youth. Topics include self-care, emotional regulation, conflict resolution, critical thinking, anger management, healthy relationships and life skills.

Phone..... 604.870.4972

Youth Education Support (YES)

Through a comprehensive program, we assist youth with academic achievement, to develop healthy family support systems, and to gain a positive sense of their self.

Phone..... 604.870.4972

Youth Mentorship

Youth are provided with a positive adult role model to increase youth resiliency and success.

Phone..... 604.870.4972

Youth Resource Centre

A dynamic collection of services that fit with our youth-focused, family and community-minded philosophy of working with young people aged 12-24.

Phone.....604.870.4972 (4YRC)

Website YRC.ca

Autumn House

A semi-independent youth housing program for youth aged 16-18. Through a life-skills curriculum approach, the goal is to transition youth to living independently.

Referrals through MCFD and FVACFSS.

Phone..... 604.870.4972

Basic Life Skills Training (BLT)

Provides support to youth in Langley living with mental illness. Services are provided in an outreach format within individual or group settings.

Referrals through Langley Child and Youth Mental Health.

Phone..... 604.530.6444

Family & One-on-One Outreach

Individualized service for youth and families experiencing conflict. Helps with communication skills, conflict resolution, and connection to community resources.

Referrals through MCFD and FVACFSS.

Phone..... 604.870.4972

Independent Living Support

An outreach service for youth who live on their own that offers individual support to achieve transition to independence in the community.

Referrals through MCFD and FVACFSS.

Phone..... 604.870.4972

Rapid Response

A 6-week intensive program for families with children aged 0-18 to reduce the family's crisis or conflict and promote harmony in the home.

Referrals through MCFD and FVACFSS.

Phone..... 604.870.4972

Sentinel House

Temporary, structured residential accommodation for co-ed youth aged 13-18.

Referrals through MCFD and FVACFSS.

Phone..... 604.309.4184

Special Training and Recreation (STAR) Club

Recreational and skill-building programs for children and youth with developmental disabilities.

Referrals through MCFD.

Phone..... 604.859.2919

Youth Justice Services

Provides services such as Intensive Support and Supervision Programs.

Referrals through Youth Probation.

Phone..... 604.870.4972



Better at Home

A non-medical program that helps seniors 65+ continue living independently in their own homes by providing light housekeeping services, yard maintenance and transportation for errands such as grocery shopping.

Phone.....604.859.7681 Ext. 772

Income Tax

Trained volunteers assist with completion of Income Tax returns and questions.

Phone..... 604.743.0354

Lunch with the Bunch

Fun, food, and friends for seniors every Monday from 10 AM until 1 PM. Transportation can be provided if needed for a small fee.

Phone.....604.859.7681 Ext. 764

Meals on Wheels

Nutritious meals delivered four days a week to those who have difficulty shopping or preparing a meal. Fresh and frozen meals are available for a fee.

Phone.....604.859.7681 Ext. 764

Medical Transportation

Volunteers drive individuals to medical appointments outside of the Abbotsford area. Fees charged for mileage and parking.

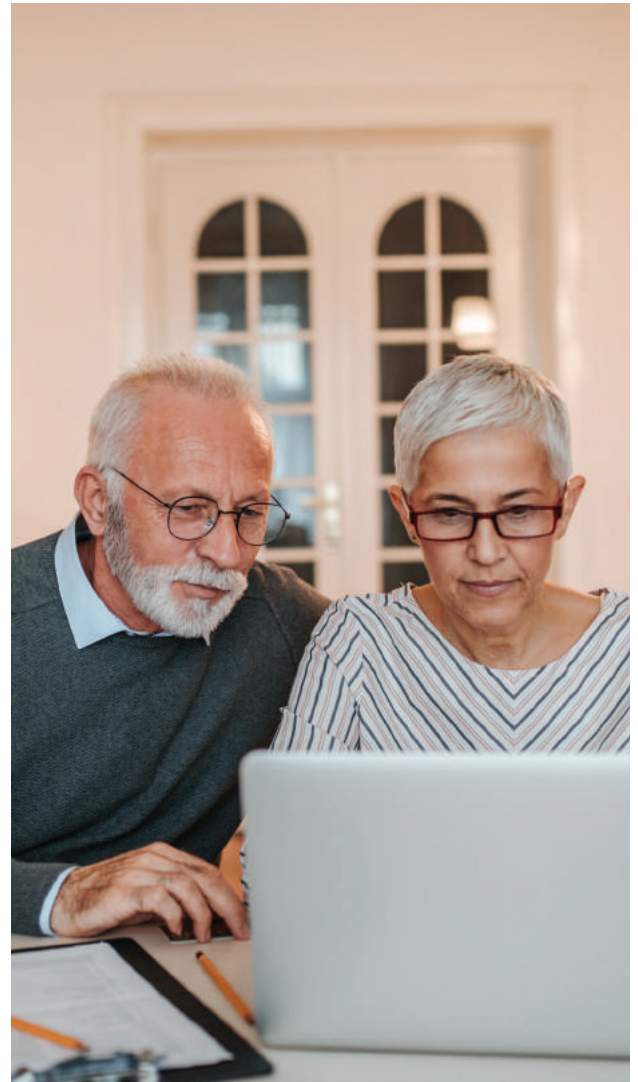
Phone..... 604.866.5147



Seniors Information, Referral and Resource Services

Helps link and refer older adults to local community supports, programs and services and assists with government applications, forms and paperwork. Referrals may be for assistance with transportation, meals, healthcare or leisure and recreation services.

Phone..... 604.870.3763



Community Builders Awards

This annual event is designed to acknowledge individuals, organizations and businesses who have made an outstanding contribution to Abbotsford Community Services and the community.

AbbotsfordCommunityServices.com/cba

Fraser Valley Cultural Diversity Awards

Annual event held in late winter, recognizing and honoring businesses, groups, clubs, and schools who work to make their organizations inclusive of all populations. Presented by Abbotsford Community Services in partnership with Mission Community Services, Chilliwack Community Services and the Langley New Directions English Language School.

AbbotsfordCommunityServices.com/cda

Charity Golf Tournament

Started in 2017, this annual golf tournament, including a dinner and silent auction, raises money to support various programs and our Area of Greatest Need Fund.

ACSGolf.ca

Inclusive Employer Excellence Awards

The awards recognize businesses that are committed to hiring people with barriers to employment. Presented in partnership with AbbotsfordWORKS and Communitas Supportive Care Society.

AbbotsfordCommunityServices.com/ieea

Toys for Tots Christmas Breakfast

Each November, the community is invited to bring a gift or donation and stay for breakfast, live entertainment and more. This event benefits the Christmas Bureau to provide gifts and food for families in need at Christmas.

AbbotsfordFoodBank.com/toysfortots

CARF Accreditation

Programs in the Counselling, Child, Youth and Family Services department and in Community Living have been CARF accredited since 2004. The value of the CARF accreditation is more than just a certificate hanging on our wall. It is evidence that ACS strives to improve efficiency, fiscal health, and service delivery - creating a foundation for client satisfaction.

CARF Canada is an independent, non-profit accreditor of health and human services. The mission of CARF is to promote the quality, value and optimal outcomes of services through a consultative accreditation process and continuous improvement services that centre on enhancing the lives of people served.

Accreditation is an ongoing process, as we are continuously improving services, encouraging feedback, and looking to effectively serve the community.



Accredited Programs

- Abby Dads
- Basic Life Skills Training (BLT)
- Best for Babies
- Caregiver Support
- Child Care Resource and Referral
- Family Centre
- Family Connections
- Family Education
- New Beginnings
- Sentinel House
- Sexual Abuse Intervention Program
- Youth Resource Programs
- Discovery
- EPIC
- STAR Club

Your Privacy at ACS

At Abbotsford Community Services we ensure that the collection, use and storage of your personal information follows best practices and complies with privacy legislation.

If you have a privacy-related concern about your personal information, or if you would like to access your personal information stored by Abbotsford Community Services, please contact our Privacy Officer, Louise Smith.

Louise Smith

Director of Quality Assurance, Privacy and Training

Phone.....604.859.7681 Ext 238

Email.. louise.smith@abbotsfordcommunityservices.com

Volunteer Opportunities

Volunteers form the backbone of our organization.

Thanks to the efforts, passions and dedication of more than 1,000 volunteers, almost 50,000 working hours were contributed last year.

You can volunteer in a range of areas including with Seniors, the Food Bank, Multicultural, Youth Mentoring, Income Tax, Community Garden or Special Events ... just to name a few!

We match your skills, passion, and interests with our programs looking for people just like you.

More Information:

AbbotsfordCommunityServices.com/volunteer

Phone.....604.859.7681 Ext. 254



Support ACS Financially

Be a part of building a strong and healthy community by supporting people in need. You can designate your gift towards a specific program or to our Area of Greatest Need (AGN) Fund. The AGN Fund allows ACS to cover any funding gaps in existing programs and respond quickly to needs and issues as they arise.

As a registered charity, we provide charitable receipts for financial and gift in kind donations.

Federal Charitable Registration # 10767 8195 RR0001

Ways to Donate



Online

AbbotsfordCommunityServices.com/donate



Mail or Drop Off

Cash can be dropped off and cheques can be sent to

**2420 Montrose Avenue
Abbotsford, BC V2S 3S9**



Phone

Call to arrange credit card or automatic bank account withdrawals

Phone.....604.859.7681 Ext. 504



Abbotsford
**Community
& Services**

2420 Montrose Avenue
Abbotsford, BC V2S 3S9

Phone: 604.859.7681

abbotsfordcommunityservices.com

info@abbotsfordcommunityservices.com



2018 - 2019