

# YOUR ARCHWAY

Winter 2023

Stories of how your generosity is nourishing our community

**THANK YOU**  
...for giving  
extra special  
care to your  
neighbours!

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Your kindness goes above and beyond

# GIFTS PACKAGED WITH LOVE

*How your generous gifts are showing your neighbours that someone cares*

**Over the month of December, you showed up in an incredible way.**

We released our *first ever* Holiday Giving Guide...and you responded with gifts in abundance!

Your care and compassion is giving hope, comfort and joy to so many of your neighbours as we speak!

Thank you!

It takes kind-hearted people like you to make our community the

place we all want it to be.

From equal access to nutritious food, hygiene supplies, diapers and baby formula...

...to accessible transportation for seniors and counselling sessions for newcomers in their primary language.

Your big heart is making our community better by the day.

And your neighbours like Susie\* and her husband are so grateful:

In their time of need, your kindness provided hampers of food that not only nourished their physical bodies, but their hearts too.

You see, Susie needs to be careful with the food she eats.

*"We weren't the easiest people to accommodate with my limitless allergies and food sensitivities, but the people at Archway went above and beyond to put a hamper together for us each month that would benefit us both," she says.*

Your generous gifts are showing those in your community that someone cares and is here to support them...no matter what.

*"Thank you so much for all you do, not just for us, but for everyone."* Susie and her husband are so grateful for your unwavering care.

**Your gifts are truly changing lives. ❤️**

\*Names changed to protect the identity of our neighbours.



**Through your kind gifts, your neighbours like Susie and her husband received food hampers that nourished their bodies and their hearts. Thank you!**



# WHAT'S NEW WITH THE ARCHWAY FOOD BANK?

*HOW YOUR KIND GIFTS ARE SERVING UP AN EXTRA HELPING OF LOVE*



## **The Food Bank has been serving our neighbours in Abbotsford since the 1980s.**

And as a compassionate supporter of Archway, we know you believe that everyone deserves to be treated with dignity and respect.

That's why the Archway Food Bank is committed to making sure every neighbour receives fresh, nutritious food—served with an extra helping of love.

But, this is only possible because of your kindness.

The Archway Food Bank strives to have highly nutritious food available through the Good Food Initiative—ensuring everyone has access to food that is healthy and nourishing.

Some of our neighbours have allergies or food sensitivities. Some eat in accordance with their religion or culture and can't make use of all the items in a typical western-style hamper.

But, because of your generosity, more people are being comforted by food that meets their needs.

Just like how you go to the grocery store and choose what you eat, our neighbours who come to the Food Bank can also choose what works best for their needs.

What an incredible gift! Thank you for choosing to love your neighbours in such a beautiful way.



## **"THEY'RE LITERALLY LIFE-SAVERS!"**

**How Emily's compassion for our neighbours shows every month** ❤️

**Emily and her husband Mike live in Abbotsford. They see the impact a gift can have every day.**

"We've seen the enormous benefits that [Archway] programs provide; they're literally life-savers for many members of our community," Emily shares.

"We wanted to support Archway more generally and consistently throughout the year, rather than just at high-needs times such as Christmas."

So, Emily and Mike made the amazing decision to become monthly donors.

"We feel really privileged to be in a position to give to Archway on a monthly basis and know that our donation will be thoughtfully and intentionally used."

They love seeing their gifts in action, knowing they've been a part of making a difference.

Monthly donors are a unique group of people who choose to walk alongside our friends and neighbours...each and every month.

"A lot of times, we're aware of a specific need in our community... but don't always remember to make a donation online. Donating monthly ensures we are making those contributions, even when life gets busy!"

Thank you, Emily and Mike, and other monthly donors like you, for helping look after our neighbours every month!

***If you're interested in becoming a monthly donor, please visit [archway.ca/monthly](http://archway.ca/monthly)***

# Filling the gap

**How your kindness can make sure your neighbours receive much needed food**

Here at Archway, we're fortunate to have dedicated and compassionate donors—people like you—who believe that everyone deserves to have access to nutritious food.

Right now, as we pack hampers, we're seeing food taken off the shelves, but not being replenished.

You see, we often receive donations of essential food items from generous grocery stores, farmers and donors in Abbotsford.

But with today's high cost of groceries, it's getting harder for them to part with those items.

Which means we need to purchase them ourselves.

...And that's becoming more and more difficult each day.

So many of our neighbours rely on

lovingly packed food hampers from kind neighbours like you to feed their families. But if this problem continues, we may not be able to guarantee the food they desperately need. Food rich in vitamins, calcium and protein to help them thrive.

The good news is, you can help!

**Your gift of \$50, \$100 or even \$250 today can refill our Food Bank**

**shelves ensuring food hampers are filled with fresh and nutritious food for your neighbours.**

Your kindness can make sure that shelves will never be empty.

Thank you for being a faithful supporter of Archway. And thank you for considering making a gift to help your neighbours today.

**Your kindness can make sure that shelves will never be empty.**



**○ YES, I believe everyone deserves to have access to food—no matter what!**

For **\$50**, you can keep shelves stocked with fresh, nutritious food for our neighbours.

Your gift today will help to fill our empty shelves.

Please use the enclosed coupon and reply envelope to send in your generous gift. **Thank you!**

To donate by phone, call (604) 859-7681 ext. 502, or give online at [abbotsfordfoodbank.com/KeepShelvesStocked](http://abbotsfordfoodbank.com/KeepShelvesStocked)

**Archway** | **Food Bank**  
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